

“Get Out of The Back of The Bus!”



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A photograph of a sunset over a body of water. The sky is filled with vibrant orange and red clouds, with the sun low on the horizon. The water in the foreground is dark and reflects the colors of the sky. The text 'WHERE IN THE WORLD IS.....?' is written in a white, hand-drawn font across the middle of the image.

WHERE IN THE
WORLD IS.....?

WHERE IN THE WORLD IS.....?

➤ Rarotonga Search & Rescue

➤ Cherbourg Hospital

➤ Barambah Medical Centre

➤ Wise County Fairgrounds



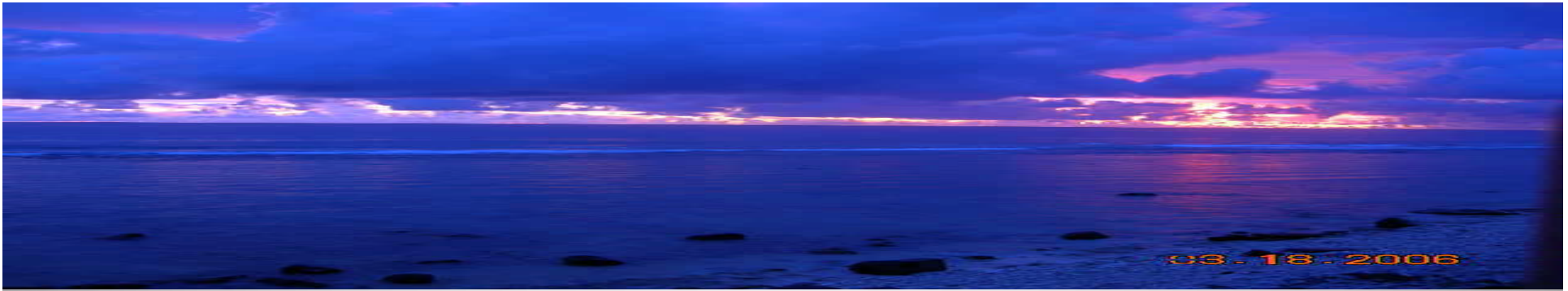
HERE THEY ARE.....!

➤ Rarotonga Search & Rescue
The Cook Islands, S. Pacific



HERE THEY ARE.....!

- Rarotonga Search&Rescue
The Cook Islands, S. Pacific
- Cherbourg Hospital
The Australian Outback
(not the steakhouse!)

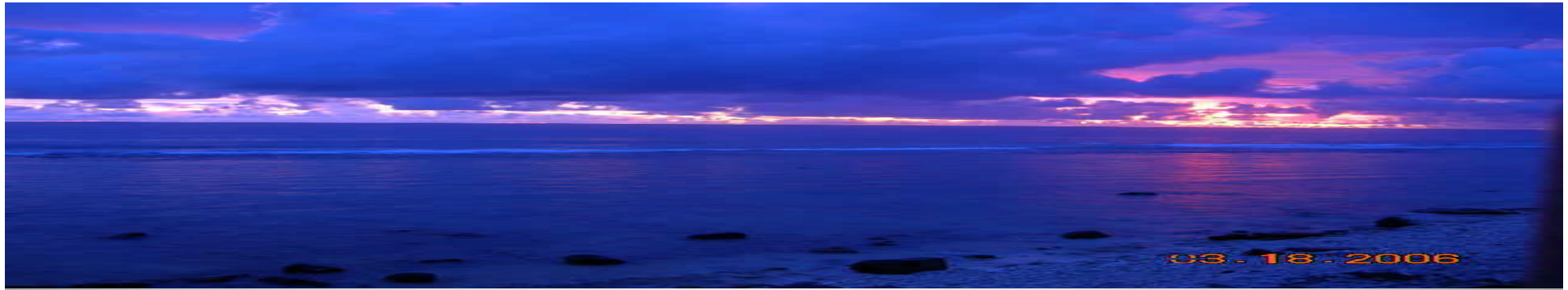


➤ Barambah Medical Centre

Cherbourg Aboriginal Community
Queensland, AU



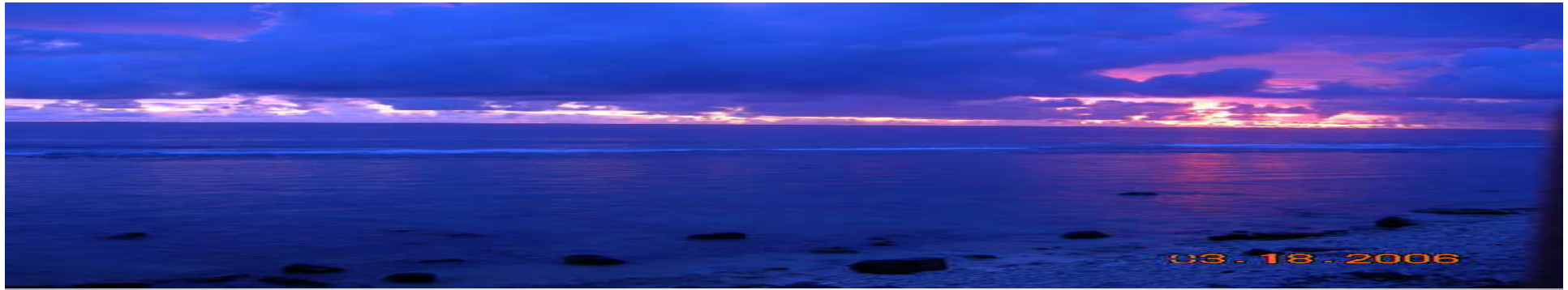
➤ Wise County Fairgrounds
Wise County, VA (Appalachia)



*...and you can be
there too...!*



*...Plus hundreds of
additional locations
around the world...*

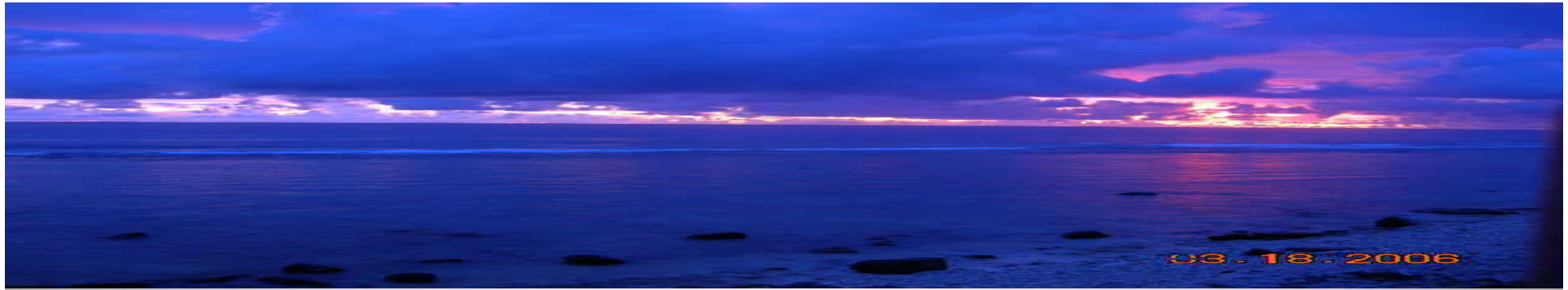


*...sharing your
knowledge and
skills as a
healthcare provider.*

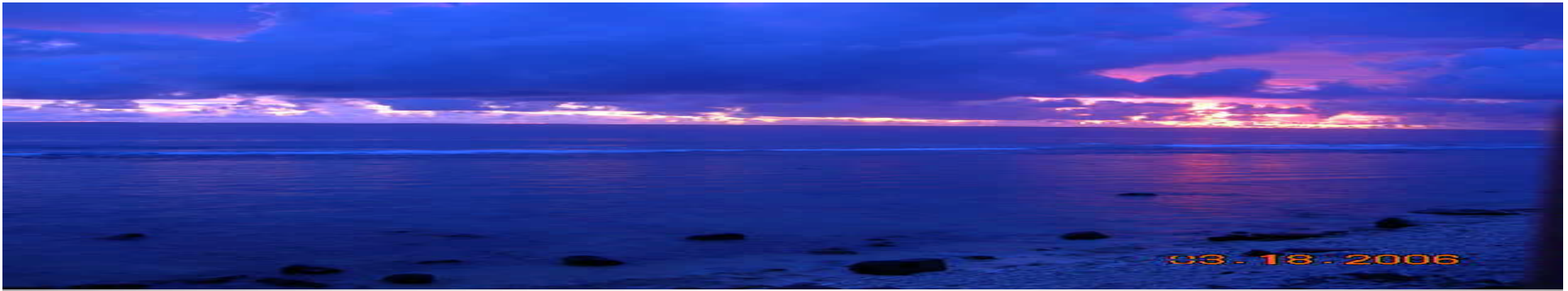


S0000.....

“Get Out of The
Back of The Bus!!”



*.....and let's get
ready to travel!!!*



Fasten your seatbelt

~

*It's going to be
an exciting ride!*

Questions We Will Consider

- **WHY** do you want go?
- **WHAT** do you want to do?
- **WHERE** do you want to go?

Questions We Will Consider

- **HOW** much time do you have?
- **WHAT** are some of your choices?
 - How much will it cost me?
(FREE???)

And...

Questions We Will Consider

- How do I get involved?

EMS Highlights - Then and Now

EMS in America can be traced back to the Civil War

- **1865**-Cincinnati incorporated 1st civilian ambulance
- **1869**-New York City advertised a 30 second response time and provided an Ambulance Surgeon **and a quart of brandy** for their patients!
- **1950's**-5 different types of businesses; towing operators, medical equipment companies, funeral homes, hospitals, and police/ fire departments
- **Late 1950's**-Funeral homes began patient care and provided half of the country's ambulances. "Bag & Drag"

EMS Highlights - Then and Now

- **1965 - National Highway Traffic Safety Act** standardized EMS training, promoted state involvement, encouraged community oversight, recommended radio communication, and stressed a single emergency number.
- **1970 - The National Registry of Emergency Medical Technicians (NREMT)**. Helped to establish, implement and maintain uniform requirements for the certification and recertification of emergency medical technicians

EMS Highlights - Then and Now

- **1972 – Seattle FD – Medic One Program - 3000 hr. Paramedic Training**
- **1973 - EMS Systems Act. (Public Law 93-144)**
Established 300 EMS systems throughout the country
- **1981 - Consolidated Omnibus Budget Reconciliation Act (COBRA)**

Expanding The EMS Role

❖ **The “traditional” EMS Provider**

- Job and Career Opportunities
- Personal and Professional Rewards
- Longevity and Potential Pitfalls

Expanding The EMS Role

❖ **There IS an alternative!**

Try an adventure:

Travel – Serve – Learn – Explore –
Renew – Refresh

Types of Organizations

❖ Four general categories:

- NGO (Non-governmental organizations)
Not-For-Profit, Independent, Private,
Charitable (approx. 2,000 registered
worldwide)

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- Health based: Example: *Doctors Without Borders, Partners In Health*

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- Faith-Based: Religious affiliation and/or church based practice.
- Health based: Example: *Doctors Without Borders*
- Combinations of the above

Level of Participation

❖ Local Community/Area

- EMS “stand by”
- Sports events, concerts, games,
- Community fairs, gatherings,
- Public education programs.

Level of Participation

❖ State, Region, USA

- Multiple agency involvement for larger events: concerts, rallies, Medical clinics
- Disaster Response: Immediate – 24-48 hour activation, often short duration with longer follow-up support. (usually group/team)

Level of Participation

❖ International

- Longer time involvement
- \$\$ for transportation
- Often sponsored by “in country host” NGO
- More pre-planning and logistics
- Greater variety of choices

Time Commitment

❖ **It's totally your choice:**

- Varies depending upon:
 - organization, location, activities, responsibilities and assignments
- Can be 1 day to multiple months.

Location

❖ **Again, totally an individual choice depending upon such factors as:**

- Personal preference – geographic - interest – climate – travel costs – time available – “challenge” desired

Location

❖ Domestic or International

- Advantages and rewards to both
 - The “Needs” are there in both

Location

- ❖ **Many organizations offer worksites within the US and worldwide.**

Location

❖ International

- Usually a longer time commitment
- Costs are higher (travel)
- More complex travel pre-planning, details and considerations necessary.
- Regulations and requirements

Possible Tasks

- ❖ **Clear assignment understanding and expectations are essential in advance.**
- ❖ **Matching skills and needs**

Possible Tasks

❖ **FLEXIBILITY is a must!**

❖ **Opportunities can be “fluid”**

❖ **Sometimes.... you have to
“Go with the flow”!**

Possible Tasks

- ❖ **Additional non-medical duties often possible and fun.**
- ❖ **Team skills and site needs usually prioritized by “host community”**

Fees and Expenses

❖ **Organization dependent.**

Fees and Expenses

- ❖ **“Administrative Costs**

 - Look at % of budget

- ❖ **Service/Program Fees**

 - Clear Explanation and
accountability of \$\$

Fees and Expenses

❖ Minimal to “full fare”

Fees and Expenses

❖ **Disaster Response usually less financial expectations on “volunteer”**

Fees and Expenses

- ❖ **Some small financial assistance often available**
- ❖ **Participant fund-raising**
- ❖ **Tax Deduction possibilities**

How To – Nuts and Bolts

- ❖ **The Beginning: Start exploring the idea: The “Who’s – What’s –Where’s – How’s and Why’s**
- ❖ **Don’t limit your initial options but...**
- ❖ **Identify your parameters early on:
Time – Location – \$\$ – Activity**

How To – Nuts and Bolts

- ❖ **Do your homework: Internet – Word of Mouth – References**
- ❖ **Ask LOTS of questions right from the first contact.**
- ❖ **Don't rush into a decision**

How To – Nuts and Bolts

- ❖ **Develop a Pre-Trip Plan & Reasonable Timeline – (*International travel will require a longer lead time*)**
- ❖ **Create a “Needs” List**
 - ✓ **Travel credentials: Passport, Visas**
 - ✓ **Insurance: Travel-Medical-Liability – Evacuation (usually provided)**

How To – Nuts and Bolts

❖ “Needs” List con’t.

- ✓ Immunizations and personal medical
- ✓ Knowledge of location - culture
- ✓ Travel reservations
- ✓ Familiarity with all provided organizational material

Example Organizations

❖ **Global Volunteers Inc.**

St. Paul, MN

Example Organizations

❖ **Medical Teams International**
Portland, OR

Example Organizations

❖ **Remote Area Medical Volunteer Corp.**

Knoxville, TN

Example Organizations

❖ **AIDS LifeCycle**

San Francisco, CA

GLOBAL VOLUNTEERS, INC.



❖ **Mission Statement:** “...Global Volunteers is a private, non-profit, non-sectarian, non-governmental organization engaging short-term volunteers” (source : Global Volunteers 2007)

GLOBAL VOLUNTEERS, INC.



❖ **Established:** 1984 U.S. Registered
501(c)3 Not-For-Profit

GLOBAL VOLUNTEERS, INC.



❖ Areas Served:

- 6 Continents - 21 Countries
- 100+ Worksites
- US: Appalachia - Minnesota - Montana (Native American)
(2,500 team volunteers placed annually.)

GLOBAL VOLUNTEERS, INC.



❖ Trip Format:

- 8-15 member co-ed teams
- Usually 2 - 4 weeks (can be extended in some locations)

GLOBAL VOLUNTEERS, INC.



❖ Personal Safety & Security:

- High priority
- Established precautions/procedures
- Pre-trip information for foreign sites.
- Evacuation insurance included
- Adheres to State Dept. Travel Warnings.

GLOBAL VOLUNTEERS, INC.



❖ Accommodations:

- May vary **extensively** depending upon country and worksite !!!
- Clean – Safe.....BUT
- A “Four Seasons” Noooooooo!

GLOBAL VOLUNTEERS, INC.



❖ **Support:**

- Efficient/accessible pre-trip and on-site availability – Personal contact
- Excellent website - interactive.
- 3-6 month pre-planning a necessity.

GLOBAL VOLUNTEERS, INC.



❖ Application Process

- Paper or On-line
- Extensive & thorough
- References required

GLOBAL VOLUNTEERS, INC.



❖ Participants Cost & Fees:

- Transport/airfare to and from site
- Service/Program Fee: \$2-4K
- Some incidental expenses
- Some financial aid & discounts

GLOBAL VOLUNTEERS, INC.



❖ Summary:

- Excellent programs, opportunities, and organization
- Extensive variety of worksite choices & locations
- Excellent reputation -

GLOBAL VOLUNTEERS, INC.



❖ Summary:

- Established track record w countries
- Some sites - 100+ team visits
- Pricy - \$\$\$ “Working Vacation”
- Similar Type Organization:
Cross Cultural Solutions, Inc.

REMOTE AREA MEDICAL VOLUNTEER CORPS



❖ **Mission Statement:** “The Remote Area Medical[®] (RAM) Volunteer Corps is a non-profit, volunteer, airborne relief corps dedicated to serving mankind....” (source: RAM 2008)

REMOTE AREA MEDICAL VOLUNTEER CORPS



❖ **Established:** 1985 US Registered
501c(3) Not-For-Profit

REMOTE AREA MEDICAL VOLUNTEER CORPS



❖ Areas Served:

- Guiana, South America
- Swaziland
- US: Southern Appalachia
(TN – VA - KY - 60% of program sites)

REMOTE AREA MEDICAL VOLUNTEER CORPS



- 2009 – “Reach Across America” More domestic sites in OH, CA, and FL, UT (Native American)
- 2005-2008 – 22,000 volunteers

REMOTE AREA MEDICAL VOLUNTEER CORPS



❖ Trip Format:

- Small teams of 6-8 or up to 100's+ providers on single “expedition”
- Services; Medical, Dental Vision Veterinarian
- Time: Weekends to multiple weeks

REMOTE AREA MEDICAL VOLUNTEER CORPS



AN AMAZING EXAMPLE!

Wise, VA Expedition 2008 - 2.5 Days

- ✓ ***1,377 RAM volunteers***
- ✓ ***8,431 patient contacts***
- ✓ ***Value of free healthcare \$ 1,365,804***

(source: RAM 2008)

REMOTE AREA MEDICAL VOLUNTEER CORPS



A REALLY AMAZING EXAMPLE!

August 2009 - Los Angeles, CA (LA Forum)

- ✓ ***3,827 RAM volunteers****
- ✓ ***14,561 patient contacts***
- ✓ ***Value of free healthcare \$ 2,821,393***

*(*licensing issues limited participation to in-state providers only)*

(source: RAM 2009)

REMOTE AREA MEDICAL VOLUNTEER CORPS



❖ Personal Safety & Security:

- Top priority
- Extensive precautions
- Secure locations

REMOTE AREA MEDICAL VOLUNTEER CORPS



❖ Accommodations

- Very worksite specific
- Clean and safe
- Range from motels to rugged camping to “evacuation style shelters”

REMOTE AREA MEDICAL VOLUNTEER CORPS



❖ Support

- Good to excellent
- Efficient site & pre-trip planning
- Fair pre-trip communications

REMOTE AREA MEDICAL VOLUNTEER CORPS



❖ **Application & Information:**

- Excellent on-line presence
- Paper application
- References

REMOTE AREA MEDICAL VOLUNTEER CORPS



❖ Costs and Fees

- Transportation to and from sites
- No service/program fee
- Some on-site incidental expenses
- Some lodging assistance.

REMOTE AREA MEDICAL VOLUNTEER CORPS



❖ Summary:

- Extensive opportunities for EMS
- Short time commitments
- Domestic Sites

REMOTE AREA MEDICAL VOLUNTEER CORPS



❖ Summary

- Low costs
- Total patient encounters 357,368
(June 2008)

REMOTE AREA MEDICAL VOLUNTEER CORPS



❖ Summary

- Total value of free care donated by RAM to the underserved \$33,079,038
- Total number of participating RAM volunteers 36,675 (June 2008)

MEDICAL TEAMS INTERNATIONAL



❖ **Mission Statement:** “...to demonstrate the love of Christ to people affected by disaster, conflict and poverty” (Source: MTI 2008)

MEDICAL TEAMS INTERNATIONAL



❖ **Established:** 1979 - U.S. registered 501(c)3 Not-For-Profit; Non-Faith Based organization.

MEDICAL TEAMS INTERNATIONAL



- ❖ **Areas Served:** 6 Continents;
32 Countries
39 Pacific Northwest counties
80,000 volunteer hours annually

MEDICAL TEAMS INTERNATIONAL



❖ **Projects:** Disaster Response Team (usually within first 48 hrs.) EMS Training; Mobile dental clinics; large supply distribution capabilities.

MEDICAL TEAMS INTERNATIONAL



❖ **Trip Format:** 2- 4 person
coed teams; 2 weeks - month
long trips. USA & abroad.

MEDICAL TEAMS INTERNATIONAL



❖ *Personal Safety & Security:*

Extensive protocols; Expected international travel precautions.

(Will travel to countries with “Travel Warning” issued.)

MEDICAL TEAMS INTERNATIONAL



❖ **Accommodations:** Vary greatly with country and worksite

MEDICAL TEAMS INTERNATIONAL



❖ **Application Process:**

Extensive; on-line;
thorough; references
needed.

MEDICAL TEAMS INTERNATIONAL



❖ **Support:** Informative website and staff; Pre-trip communications “fair” – “good”

MEDICAL TEAMS INTERNATIONAL



❖ **Cost and Fees:** Airfare – free to member pay; Service Fee - \$0 to \$1,000+-

MEDICAL TEAMS INTERNATIONAL



❖ **Summary:** Small Teams; pre-MTI experience considered in team selection for Disaster Response; Growing EMS teaching worksites.

AIDS/LifeCycle – Ride to end AIDS



- ❖ **Mission Statement:** U.S. registered 501(c)3 Not-For-Profit
“The ride doesn’t end until AIDS does...”
- ❖ **Established:** First event -2001

AIDS/LifeCycle – *Ride to end AIDS*



❖ **Area Served:** San Francisco Bay Area and Los Angeles, CA

❖ **Project:** Provide 24 hr. medical support for 2500+ bike riders and 500 volunteer staff (“Roadies”).

AIDS/LifeCycle – Ride to end AIDS



❖ **Trip Format:** Charity 6 day bike event beginning in San Francisco and riding to Los Angeles – Approximately 545 miles.

AIDS/LifeCycle – Ride to end AIDS



❖ **Accommodations:** Group camping each night. Two person per tent (provided) All meals “Princess Plan” available.

AIDS/LifeCycle – Ride to end AIDS



❖ **Personal Safety and Security:**

High priority - provisions in place to provide safe venue en route & in camp. Clearly stated personal expectations.

AIDS/LifeCycle – Ride to end AIDS



❖ **Support:** Excellent pre-event & during ride. Extensive resources, Efficient informational and organizational structure to provide necessary event details.

AIDS/LifeCycle – Ride to end AIDS



❖ **Application:** Multiple on-line forms – Thorough – Organized – Time-sensitive acceptance. Req. attendance of full day pre-event orientation in SFO prior to start.

AIDS/LifeCycle – Ride to end AIDS



❖ **Cost and fees:** Transport to/from event (SFO/LAX). Misc. personal expenses – souvenirs etc. T-shirts provided for each day usage & wind jacket pullover.

AIDS/LifeCycle – Ride to end AIDS



❖ **Summary:** Rewarding – Work intensive – Beautiful venue along coastline route – Popular event – Task opportunities varied but fill quickly – Reasonable cost



SUMMARY

03.18.2006

Rewards:

- *Interesting and varied work settings*
 - *Many charitable organizations*
 - *Valuable service to others*
 - *New people and places.*
- *Personal growth and satisfaction*



SUMMARY

03.18.2006

Profile of a successful volunteer

- ✓ *Flexible & Adaptable*
- ✓ *Adventurous & Open*
- ✓ *Sense of Humor*

“Get Out Of The Back Of The Bus”

On-line Resources

- www.freemedicalclinic.net/index.html
 - www.volunteersinhealthcare.org
 - www.globalvolunteers.org
 - www.medicalteamsinternational.org
 - www.ramusa.org
 - www.crossculturalsolutions.org
 - www.ngoabroad.com
 - www.reliefweb.int
 - www.hvousing.org
 - www.avso.org
 - www.idealists.org
 - www.cie.uci.edu/prospective/iopother/volunteer.shtml
 - www.volunteerinternational.org
 - www.vfp.org
 - www.cnvs.org
 - www.volunteerabroad.com
 - www.goabroad.com
- **For more information:** paramedic@nehambulance.org



Questions?

~

Thank You!

~

info@nehambulance.org